

**Dr. Konstantinos Giannakopoulos,**

### PERSONAL INFORMATION

*Group Analyst & Couple Therapist, Organizational Consultant  
Vice President of the Hellenic Institute for Group Analytic and Family Psychotherapy*

+30 6972 236 310

[giakos@yahoo.com](mailto:giakos@yahoo.com)

Sex Male | Date of birth 16/11/1977 | Nationality Greek

### WORK EXPERIENCE

05/2017 – today

#### **Manager – Organizational Consulting & Psychosocial Wellbeing**

PULSO South East Europe (GR), *Human Resources*

- Operational & Business development Manager for HR services in the field of Wellbeing
- Develop and manage Employee Assistance Programmes (EAPs) – individual psychosocial support services & organizational consulting
- Psychosocial Risk Analysis
- Training Needs Analysis, design and development of training programmes for Stress Management, Burn Out, Communication Skills, Group Dynamics.
- Scientific support and supervision of the psychologist's network

07/2015 – 12/2016

#### **Project Manager - Senior HR Consultant, Vocational Education and Training (VET) & Lifelong Learning Expert**

EEO GROUP SA (GR), *Consultancy Services*

- Drafting studies of expertise and reports on Education, VET and Lifelong Learning
- Research design and development of research tools (questionnaires, samples, data mining etc.)
- Lead the planning and implementation of projects
- Manage project budget and project resource allocation
- Plan and schedule project timelines
- Provide direction and support to project team
- Quality assurance of deliverables and project outputs
- Communication and reporting to clients and authorities

2014 - today

#### **Psychodynamic Centre for Psychotherapy and Research**

- Individual sessions
- Group Analysis
- Couple Therapy

2013 – today

#### **Hellenic Institute for Group Analytic and Family Psychotherapy**

- Member of Board – currently Vice President
- Trainer - teaching topics include: Classic and Modern Psychoanalytic Theory, Foundations of Group Analysis, History of the Group, Introduction to Couple Therapy, Clinical Applications

2012 & 2010 (April – June)

#### **Scientific Staff at the University of Athens**

University of Athens, School of Medicine – Department of Epidemiology and Health

- Teaching at the Master Program - “Management and Organization theory”
- Preparing teaching material for the Lesson Unit “System theory”
- Teaching, Examine

09/2007-07/2015

#### **HR Consultant – Expert in Education, Vocational Education & Training and Lifelong Learning**

EEO GROUP SA (GR), *Consultancy Services*

- Developing project ideas in the field of Education, VET and lifelong learning
- Studies of expertise and drafting reports on Education, VET and Lifelong Learning

- Research design and development of research tools (questionnaires, samples, data mining etc.)
  - Field research using qualitative methods (focus groups, in depth interviews, etc.)
- 2006-2007 **HR Assistant Manager**  
Medicot LTD, Export Company (GR)
- Implementation of HR-Projects (recruiting, evaluation of CVs etc.)
  - HR Reporting
- 2004 - 2009 **Editorial Board (part time volunteer)**  
New Sociology – Sociological Review (GR)
- Coordination of the review processes
  - Translations in the Greek Language
  - Evaluation of scientific articles („blind system“)

## EDUCATION & TRAINING

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### EDUCATION

- 2020-2023 **BSc (Hons) Applied Psychology**  
University of Derby, College of Life and Natural Sciences, UK
- Biological and Developmental Psychology
  - Clinical Applications, ADHD, Autism and Asperger
  - Quantitative and Qualitative Research Methods in Psychology
  - Social Psychology, Psychology in Education, etc.
- 2004-2008 **Doctoral Studies in Sociology (Dr.rer.pol.)**  
Otto-Friedrich Universität Bamberg, Germany
- Thesis Title:** “The Society in the Internet age. Structural change of social integration through new ICT”  
(German: „Gesellschaft im Zeitalter des Internet. Strukturwandel der sozialen Integration durch IuK-Technologien“)
- Doctorate supervisor:** Prof. Dr. Richard Münch
- 2004-2009 **Professional Diploma in Group Analysis and Family Therapy**  
Greek Society for Group analysis and Family Therapy, Athens
- Classical and modern Psychoanalytic Theory
  - Theory and practice of Group Therapy
  - Family and couple therapy
  - Participation in Analytic Groups for 5 years, clinical supervision for 3 years
- 1996-2001 **Diplom Sociology**  
Otto-Friedrich Universität Bamberg, Germany
- Thesis:** “New ICT and the Internet. The problematic of social integration of the online-users”.
- Thesis Supervisor:** Prof. Dr. Richard Münch

### TRAINING

- 05/2022 **Adaptability and Resiliency**  
Online non-credit course authorized by University of California, Davis and offered through Coursera

- 04/2019 **Improving Communication Skills**  
Online, non-credit course authorized by Yale University and offered through Coursera
- 10/2018 **Everyday Parenting: The ABCs of Child Rearing**  
Online non-credit course authorized by Yale University and offered through Coursera
- 02/2012 – 05/2012 **Evolution of clinical and conceptual terms in modern psychoanalysis**  
Hellenic Society for Psychoanalytical Psychotherapy, Athens GR
- 05/2006 **Individual psychoanalytical psychodrama**  
65 hrs training and participation in clinical sessions provided by Dr. George Stathopoulos
- 10/2005-02/2006 **Human Resources Management, CVET programme 400 hrs**  
VET provider 'Mesogeiaiko', Athens GR
- 10/2005 **Career Counselling using the tests 16PF, CAB and OVIS of the American Institute for the Analysis of Personality and Skills (IPAT), 30 hrs**  
ISON Psychometrica
- 02/2005 **Stress Management, 10 hrs**  
Institute of Behaviour Research and Therapy, Athens GR

**PERSONAL SKILLS**

**Mother tongue(s)** Greek

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
German	C2	C2	C2	C2	C2
English	C2	C2	C1	C2	C2
French	A2	A2	A2	A2	A2

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

- Organisational / managerial skills**
- Coordination of scientific research teams, facilitating and monitoring activities and measuring results and impact
  - Research design, construction of questionnaires, interview guides and other research tools
  - Very good knowledge and experience in using quantitative and qualitative research methods
  - Co-founder of the NGO "S.KE.PSY"

**Digital competence**

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Levels: Basic user - Independent user - Proficient user  
[Digital competences - Self-assessment grid](#)

- Competent user of information technology, including SPSS, MS VISIO and Social Networking Media

(Skype, Zoom, Twitter, Facebook, Blogs, etc.)

### OTHER SKILLS

- Communication skills and teamwork oriented
- Negotiation skills
- Conflict Resolution skills
- Data collection and analysis
- Proposal writing
- Scientific writing
- Effective spoken presentation and written reporting abilities.

### ADDITIONAL INFORMATION

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#### MEMBERSHIPS AND CERTIFICATIONS

- Member of the Employee Assistance European Forum (EAEF)
- Member of the Hellenic Sociological Society
- Member of the Hellenic Society of Group Analysis and Family therapy (Member of Board)
- Registered Adult Trainer by OAED (Hellenic Manpower Employment Organization)
- Certification in using the tests 16PF, CAB, OVIS